

SOUL MEMORY DISCOVERY DEMONSTRATION BY MAIRA MOSS

SIERRA NEVADA YOGA RETREAT, JULY 2008

Our body holds a memory of everything that has ever happened to us in this lifetime. We know that at the very least, all experiences, be they conscious or unconscious, are recorded somewhere in the brain. Just as our body carries a memory of everything that has ever happened to us in this lifetime, so our auric field holds a memory of everything that has ever happened to our soul. If we think of the soul as that part of us that is eternal, that will continue to exist even after we are done with this body, then we can imagine that this soul must have been "doing" something before it came to this body. We can imagine that the soul might have lots of experiences prior to this current lifetime of ours.

What is great about the Soul Memory Discovery Process is that if we balance in a particular way, we can tap into those memories - and find the origins of any issue: Physical, emotional (i.e. anxiety, depression, panic), addictions, relationships, life patterns (i.e. money, work, self-esteem). When we find the origins, there is a 3-5 minute clearing process that lifts those origins out of the system. And once the symptoms aren't being sourced anymore, they dry up and go away.

Maira will conduct a demonstration evening on how the Soul Memory Process works. She will follow it by a "Spirit Voyage" guided group meditation.

Notes: Retreat Dates to be confirmed. Soul Memory Discovery private sessions will be available.

Additional Information at www.mysacredfeathers.com, for bookings please call (858)775-8478